



Newstead Primary  
School

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## Rationale for the teaching of Physical Education

At Newstead Primary School we raise aspiration by providing no limits to their ambitions! We provide opportunities to compete in sporting activities, which have big values of respect, fairness and participation.

We value Physical Education through providing a high-quality curriculum. Our curriculum provides opportunities to become physically confident.

## Aims for the teaching of Physical Education

Our aims in P.E. are that all children can:

- Understand how to live healthy lives and why being active is important.
- Develop a broad range of skills, which can be transferred into competitive game play.
- Be physically active every day.
- Engage in sports within a competitive environment.