

PE Curriculum

Newstead Primary School P.E Curriculum Overview

PE Cycle A

Striver units of work are used to implement P.E.

	Autumn Term		Spring Term		Summer Term	
Rec/Yr1	Gymnastics 1 Games Skills 1	Dance 2 Games Skills 2 Skipping	Gymnastics 2 Games Skills 3	Dance 1 Games Skills 4 Skipping	Gymnastics 3 Games Skills 5	Dance 3 Athletics Skipping
Year 1/2	Gymnastics 1 Games Skills 1	Dance 2 Games Skills 2 Skipping	Gymnastics 2 Games Skills 3	Dance 1 Games Skills 4 Skipping	Gymnastics 3 Games Skills 5	Dance 3 Athletics Skipping
Year 3/4	Gymnastics 1 Basketball	Dance 3 Handball Skipping	Gymnastics 2 Rounders	Dance 1 Tennis Skipping	Gymnastics 3 Cricket	Dance 2 Athletics Skipping
Year 4/5	Gymnastics 1 Hockey	Dance 1 Netball Skipping	Gymnastics 2 Football	Dance 2 Tag Rugby Skipping	Gymnastics 3 Cricket	Dance 3 Athletics Skipping
Year 6	Gymnastics 1 Basketball	Dance 1 Handball Skipping	Gymnastics 2 Rounders	Dance 2 Tennis Skipping	Gymnastics 3 Outdoor Adventure	Dance 3 Athletics Skipping

PE Curriculum**Newstead Primary School
P.E Curriculum Overview****PE Cycle B**

Striver units of work are used to implement P.E.

	Autumn Term		Spring Term		Summer Term	
Rec/Yr1	Gymnastics 1 Games Skills 1	Dance 1 Games Skills 2 Skipping	Gymnastics 2 Games Skills 3	Dance 2 Games Skills 4 Skipping	Gymnastics 3 Games Skills 5	Dance 3 Athletics Skipping
Year 1/2	Gymnastics 1 Games Skills 1	Dance 1 Games Skills 2 Skipping	Gymnastics 2 Games Skills 3	Dance 2 Games Skills 4 Skipping	Gymnastics 3 Games Skills 5	Dance 3 Athletics Skipping
Year 3/4	Gymnastics 1 Hockey	Dance 1 Netball Skipping	Gymnastics 2 Football	Dance 3 Tag Rugby Skipping	Gymnastics 3 Cricket	Dance 2 Athletics Skipping
Year 4/5	Gymnastics 1 Basketball	Dance 2 Handball Skipping	Gymnastics 2 Rounders	Dance 3 Tennis Skipping	Gymnastics 3 Cricket	Dance 1 Athletics Skipping
Year 6	Gymnastics 1 Basketball	Dance 1 Handball Skipping	Gymnastics 2 Rounders	Dance 2 Tennis Skipping	Gymnastics 3 Outdoor Adventure	Dance 3 Athletics Skipping