

### **Parent Support groups**

We offer a monthly support group in various areas across Nottinghamshire. This is a safe space to discuss your child or family's needs regarding behaviours that are indicative of Autism and/or ADHD. A chance to feel less isolated with an opportunity to meet other parents/cares with similar experiences. **No booking is required to attend our parent support group.**

**Daybrook Medical Practice, Salop St, Daybrook, NG5 6HP**

Tuesdays 09.30-11.30

4<sup>th</sup> Feb

11<sup>th</sup> Mar

01<sup>st</sup> April.

**Chilwell Family Hub, Great Hoggett Drive, Chilwell, NG9 4HQ**

Tuesdays 12.30-2.30

14<sup>th</sup> Jan

11<sup>th</sup> Feb

18<sup>th</sup> Ma,

29 April.

**Bingham Children's Centre, Eaton Place, Bingham, NG13 8BE**

Wednesdays 13:00-15:00

5<sup>th</sup> March.

**Cotgrave Candleby Lane School, Candleby Ln, Cotgrave, NG12 3JG**

Wednesdays 13:00-15:00

5<sup>th</sup> Feb

2<sup>nd</sup> April

**Kirkby East Children's Centre, The Summit Centre, NG17 7LL**

Wednesdays 09:30-11:30

26<sup>th</sup> Feb

30<sup>th</sup> April.

**Butler's Hill & Broomhill Children's Centre, Broomhill Rd, Hucknall NG156AJ**

Wednesdays 09.30-11.30

22<sup>nd</sup> Jan

12<sup>th</sup> March.

**Hawtonville Children's Centre, Bowbridge Rd, Newark, NG24 4EG**

Thursdays 9.30-11.30

30<sup>th</sup> Jan

06<sup>th</sup> March

03<sup>rd</sup> April.

**Mansfield Woodhouse Children's Centre, Swan Lane, NG19 8BT**

Thursdays 09:30-11:30

23<sup>rd</sup> Jan

13<sup>th</sup> Feb

28<sup>th</sup> Mar

25<sup>th</sup> April.

