About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.

Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals. Check your eligibility and apply at **www.gov.uk/apply-free-school-meals**

Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

https://forms.office.com/e/nEYJUzbEZt?origin=lprLink







MSC-C-54995 Seafood with this mark comes from an MSC-certified sustainable fishery. www.msc.org

Nottingham Catering Eat Culture - Education

Nottingham Catering
Eat Culture - Education

Week 1 Date: 2nd Sept, 21st Sept, 12th Oct, 16th Nov, 7th Dec, 11th Jan, 1st Feb

LUNCHTIME

Newstead Primary

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



	Fishy Feast Monday	Around the world Tuesday	Carvery Wednesday	Tuck In Thursday	Pizza Party Friday
Main	Fish fingers served with chips, tomato sauce, peas	Salt & pepper chicken with Rice, flatbread & crispy fresh salad	Pork sausage with gravy served with creamy mashed potato, seasonal vegetables & yorkshire pudding	Lasagne with baguette slice & crispy fresh salad	BBQ chicken pizza served with potato wedges & beans
Vegetarian	Fishless fingers served with chips, peas	Vegetable samosas pie with flatbread, mint yogurt & mango chutney & crispy fresh salad	Veggie Sausage with gravy served with creamy mashed potato, seasonal vegetables & yorkshire pudding	Veggie Lasagne with baguette slice & crispy fresh salad	Cheese & tomato pizza served with Potato wedges & beans
Something Different	½ Cheese & tomato panini with chips & crispy fresh salad	Tomato & basil pasta, baguette slice & crispy fresh salad	Chicken mayo & sweetcorn wrap with crispy fresh salad	Jacket potato with Cheese served with crispy fresh salad	Tuna pasta with baguette slice & crispy fresh salad
Yummy Dessert	Chocolate muffin with milk or Fresh Fruit Salad	Iced Mandarin sponge or Fresh Fruit Salad	Oaty Cookie with milk or Fresh Fruit Salad	Lemon shortcake slice or Fresh Fruit Salad	Fruit or Fresh Fruit Salad







FOOD HYGIENE RATING 5

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Nottingham Catering
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Week 2 Date:7th Sept, 28th Sept, 2nd Nov, 23rd Nov, 14th Dec, 18th Jan, 8th Feb

LUNCHTIME

Newstead Primay

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.

	Fishy Feast Monday	Around the world Tuesday	Carvery Wednesday	Tuck In Thursday	Pizza Party Friday
Main	Fish fingers served with chips, tomato sauce & peas	Chicken kebab with rice & flatbread served with crispy fresh salad	Roast chicken with gravy served with creamy mash potato, seasonal vegetables & yorkshire pudding	Homemade sausage roll with mashed potato & Beans	Ham & cheese pizza served with potato wedges & crispy fresh salad
Vegetarian	Veggie Sausage served with chips & peas	Quorn fajitas wrap with rice & crispy fresh salad	Quorn roast with gravy served with creamy mash potato, seasonal vegetables & yorkshire pudding	Pizza pasta with baguette slice & crispy fresh salad	Cheesy margarita pizza Served with potato wedges & crispy fresh salad
Something Different	½ Cheese & tomato panini served with chips & crispy fresh salad	Jacket potato with tuna served with crispy fresh salad	Jacket potato with cheese served with a crispy fresh salad	Ham roll with crispy fresh salad	Tomato & basil pasta with baguette slice & crispy fresh salad
Yummy Dessert	Strawberry or vanilla Ice cream & fruit or Fresh Fruit Salad	Fruit or Fresh Fruit Salad	Shortbread cookie & milk or Fresh Fruit Salad	Vanilla sponge with sprinkles or Fresh Fruit Salad	Flapjack or Fresh Fruit Salad

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Nottingham Catering
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Week 3 Date:14th Sept, 5th Oct, 9th Nov, 30th Nov, 4th Jan, 25th Jan

LUNCHTIME

Newstead Primary

Salad, fresh fruit, bread and water are available to pupils every day in all schools.For allergen information please ask a member of the catering team.





	Fishy Feast Monday	Around the world Tuesday	Carvery Wednesday	Tuck in Thursday	Pizza Party Friday
Main	Battered fish served with diced potatoes & peas	Chicken punjabi curry served with rice, flatbread & seasonal vegetables	Roast chicken with gravy served with creamy mash potato, seasonal vegetables & yorkshire pudding	Pork hot dog served with potato wedges & Beans	Ham & cheese pizza served with garlic bread & crispy fresh salad
Vegetarian	Fishless fingers served with diced potatoes & peas	Veggie punjabi served with rice, flatbread & seasonal vegetables	Vegan roast with gravy served with creamy mash potato, seasonal vegetables & yorkshire pudding	Veggie hot dog with potato wedges & beans	Cheesy margherita pizza served with garlic bread & crispy fresh salad
Something Different	Salmon Fish Cake served with diced potatoes & peas	Cheese sandwich served with crispy fresh salad	Ham & Cheese panini served with crispy fresh salad	Cheese snack with potato wedges & beans	Jacket potato with cheese served with crispy fresh salad
Yummy Dessert	Jelly & fruit or Fresh Fruit Salad	Fruit or Fresh Fruit Salad	Oaty cookie or Fresh Fruit Salad	Shortbread biscuit & Milk or Fresh Fruit Salad	Chocolate brownie or Fresh Fruit Salad





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FOOD FOR LIFE SERVED HERE Soil Association